



Sleep-out to Stamp-out malaria

Imagine the attention you can draw by setting on a mosquito net campsite on your church grounds. This is a great opportunity to promote the United Methodist fight against malaria, and specifically, how your church is involved in changing the world on a global scale.

Don't know where to begin? No problem! Below, we have provided instructions and options to maximize the effectiveness of your event.

Instructions for making bed nets

Objective: to connect with families in Africa as they experience sleeping under a mosquito net for protection against mosquitoes that carry malaria. This can be accomplished indoors or outdoors, depending on weather elements, space availability, etc.

Items needed:

- Tulle (basically wedding veil fabric): 108" wide x 4 yds long) – can be purchased at a fabric store or online

Cost: Typically between \$.89 - \$1.49 per yard....\$50-\$70 per bolt (50 yds)

Resources: check your local craft store, like Joann Fabric or online (ebay, save-on-crafts.com, prestigelinens.com)

Colors: Mosquito nets are typically white turquoise (blue) or green in color)

- Scissors
- String/ Twine (option #2)
- Clothesline
- An anchor: rocks, weight (something to hold net down)



Option #1: Triangle

This can fit many people under a single net – about 5’5” high at peak

Measurements: 1 piece of tulle (108” wide x 4 yds long)

Instructions:

1. Hang clothesline approximately 5’5” off the ground
2. Attach the middle of the tulle (lengthwise) to the clothesline, so that it is hanging over (like a sheet drying on a clothesline).
3. Use sticks, stakes or weights to attach/anchor each of the four corners to the ground. Make sure that they are far enough from the middle that the tulle forms a triangle (teepee shape).
4. Repeat with as many pieces of tulle as you need, moving down the clothesline.
5. Keep in mind that both ends of your net will be open, which is more symbolic than authentic. You can clip the open ends together for a more authentic feel.

Option #2: Rectangle

This can fit two (2) people under a single net – smaller, about 3’ high

Measurements: 1 piece of tulle (108” wide x 5 yds long)

Instructions:

1. Lay tulle flat on the ground
2. Measure one yard over and one yard in from a corner. Tie a knot.
3. Repeat for each corner of the tulle. You will have a knot at all four corners.
4. Tie a string/twine to each knot.
5. Hand each string to hold the net in the air.

Make it a fundraiser!

Step up your support of Imagine No Malaria from awareness to direct impact! Ask participants to find ‘sponsors’ for each hour they camp out (7pm – 7am). Invite the entire church family to participate. Even if they cannot sleep out in-person, supporting Imagine No Malaria is as easy as visiting ImagineNoMalaria.org to share a donation.



Can't **sleep** out?

Build a mosquito net display. Set up a mosquito net using the instruction above in a prominent location at your church.

Instructions:

1. Construct bed net as instructed above.
2. Download and print Imagine No Malaria materials, and use images from Africa.
3. Photos, notes from youth, messages of hope can be hung on or around the net.
4. Use a doll bed, mattress and other props to illustrate an authentic usage of a bed net. Have older youth take “shifts” under the net to provide information about church activities in the fight against malaria to passers-by.