



Visit the Living Prayer Center at UMC.org

Your schedule may be busier than ever, but with the new UMC.org, you can access spiritual support from the people of The United Methodist Church 24 hours-a-day, seven days-a-week. Through UMC.org you can privately and conveniently submit a prayer request to the Upper Room Living Prayer Center and their Covenant Prayer Groups.

How It Works

Click the “Pray” button on www.UMC.org and complete the simple online form to submit your prayer request. Your prayer concern will be forwarded to one of 300 Upper Room Covenant Prayer Groups located all over the world, who will pray for your request for an additional 30 days. More than 30,000 prayer requests are received each month. To protect the privacy of those requesting prayer, each request is edited to remove any information that would identify the person or situation needing prayer.

Methods of Prayer

Learn more about how to incorporate different methods of prayer into your spiritual life at UMC.org.

Daily Devotional

Visit UMC.org every day to read to The Upper Room’s Daily Devotionals, meditations written by other readers to support your faith. More than 2.5 million people of faith around the world currently subscribe to the Daily Devotionals.

Prayer Request by Phone

International: 615-327-4673; 8 a.m. – 4:30 p.m. (C.S.T.), Monday-Friday
U.S. and Canada: 800-251-2468; 24 hours, 7 days a week

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